

WEEKLY Dinner MENU

Monday	Tuesday	Wednesday	Thursday
Broccoli Soup	Leek and Potato Soup	Sweet Potato, Coconut and Chilli Soup	Carrot and Swede Soup
Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread
Spiced Chicken with Herby Bulgar Wheat, Warm Harissa Dressing, Chefs Salad and Roasted Courgettes	Beef Lasagne with Green Beans, Chefs salad and Classic Vinaigrette	Nigerian Chicken Stew with Okra and Jollof Rice	Noodle Bar Proteins: Stir fry beef Marinated Chicken Crispy tofu(Vegan)
Indian Spiced Fish Goujons with Masala Potato's and Peas		Catch of The Day with Roasted Tomato and Red Pepper Sauce, Jollof Rice and Oven Roasted Broccoli	Noodles Egg Vermicelli
Baked Stuffed Pepper with Tomato Quinoa and Green Vegetable Medley (Vegan)	Moroccan Spiced Falafel, Tabbouleh, Harissa Roasted Carrots (Vegan)	Nigerian Akara with Okra and Sweet Potato Mash (V)	Extras Soft boiled Egg Bean Sprouts Wilted Pak Choy Miso Broth Shredded Asian Slaw
DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY
Peach Crumble with Cream	Cinnamon Swirl	Apple Strudel with Crème Chantilly	Banoffee Pie

Friday	Saturday	Sunday
Orzo and Tomato Soup		
Served With Freshly Baked Bread		
Chicken Jalfrezi with Jeera Rice and Onion Bhaji (Halal)		
Bombay Potato Filo Pie with Turmeric Rice with a Tomato, Coriander and Red Onion Salad (V)	Closed	Closed
DESSERT OF THE DAY		
Spotted Dick With Custard		

Enjoy our freshly prepared salads every day!