## WEEKLY Lunch MENU

| Monday   | Tuesday   | Wednesday   | Thursday   |
|--|---|---|--|
| Cauliflower Soup   | Red Pepper, Butternut<br>Squash and Harissa<br>Soup   | Miso Aubergine Soup   | Roasted Celeriac Soup  |
| Served With Freshly<br>Baked Bread   | Served With Freshly<br>Baked Bread  | Served With Freshly<br>Baked Bread  | Served With Freshly<br>Baked Bread   |
| Peruvian Beef Stir Fry<br>with Rice Noodles and<br>Charred Vegetables<br>(Halal) | Sausage and<br>Caramelised Red<br>Onion Plait,<br>Wholegrain Mustard<br>Mashed Potato and<br>Charred Broccoli | Garlic and Thyme<br>Roasted Chicken Breast<br>with Roast Potato's and<br>Crushed Carrot & Swede | Cheese and Bacon<br>Burger with Cajun Slaw,<br>Potato Wedges and<br>Homemade Tomato<br>Salsa |
| Sesame Chicken<br>Skewer with Rice and<br>Spring Onions                          | Asian Haddock with<br>Chilli and Ginger<br>Brown Rice, and Pak<br>Choy  | Philly Cheesesteak Sub<br>with Sautéed Onions and<br>Green Peppers                              | Grilled Cod Taco with<br>Pineapple Salsa, Rice<br>and Stir-Fried<br>Courgette                |
| Baked Stuffed Pepper<br>with Tomato Quinoa<br>and Green Vegetable<br>Medley      | Spinach, Cauliflower<br>and Lentil Dal with<br>Charred Broccoli and<br>Naan Bread                             | Sweet Potato topped<br>Allotment Pie with<br>Crushed Carrot & Swede<br>and Sautéed Cabbage      | Soft Halloumi and<br>Avocado Taco with<br>Rice, Salsa and Spicy<br>Corn                      |
| DESSERT OF THE<br>DAY  | DESSERT OF THE<br>DAY   | DESSERT OF THE DAY  | DESSERT OF THE<br>DAY  |
| Raspberry and<br>Coconut Steamed<br>Pudding                                      | Salted Caramel<br>Cheesecake  | Pecan Pie   | Chocolate Mousse with<br>Chocolate Crunch  |

|           | Friday   | Saturday  | Sunday  |
|-----------|--|---|---|
| 5//       | Minestrone Soup  | BRUNCH  | Honey Roast Parsnip<br>Soup                                   |
|           | Served With Freshly<br>Baked Bread   | 5 Item Deal +<br>Water/Hot drink<br>£3.95   | Served With Freshly<br>Baked Bread                            |
| Enjoy our | Eddies Fried<br>Buttermilk Chicken<br>with Corn On The<br>Cob and Smoky Pit<br>Beans                 | ltems available:  | Roasted Chicken<br>Breast with Roast<br>Potatoes and Broccoli |
| freshly   | Freshly Battered<br>Haddock with Double<br>Cooked Hand Cut<br>Chips and Garden<br>Peas               | Toast, Sausage, Vegetarian<br>Sausage, Bacon,<br>Mushrooms, Tomatoes,<br>Hash Browns, Fried Egg,<br>Baked Beans |   |
| salads    | Cauliflower Steak with<br>Smoky Pit Beans,<br>Double Cooked Hand<br>Cut Chips and Corn<br>On The Cob | Selection Of Paninis and<br>Toasties  | Nut Roast with<br>Roasted Carrots and<br>New Potatoes         |
| dan       | DESSERT OF THE   | Fruit salad   | DESSERT OF THE<br>DAY   |
| every day | Steamed Apple and<br>Cinnamon Sponge   | Smashed Avocado and<br>Fried Egg Bagel  | Chocolate Orange<br>Bread and Butter<br>Pudding               |