

WEEKLY Lunch MENU

Monday	Tuesday	Wednesday	Thursday
Mushroom and White Truffle Soup	Lentil Soup	Courgette and Cumin Soup	Spinach and Chickpea Soup
Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread
Chicken Feijoada with Peas and Herby Pitta	Jerk Chicken with Rice and Peas, and Jamaican Grilled Vegetables	Roast Leg of Lamb with Roast Potatoes and Roasted Carrot and Parsnip	Buffalo Chicken Flatbread Melt with Paprika Roasted Sweet Potato and Chilli Corn
Smoked Salmon Tagliatelle with Peas and Herby Pitta	Moqueca with Coconut Rice and Courgette	Lemon and Pepper Whitebait with Tartare Sauce, Crushed Peas and Roasted New Potatoes	Catch of the Day with Slow Roasted Tomato and Basil Sauce and Savoy Cabbage
Herby Polenta with Caponata, Mixed Greens and Side Salad	Sweet and Sour Quorn and Vegetables with Coconut Rice and Courgette	Aubergine Stuffed with Ratatouille, Mediterranean Salad and Roasted Potatoes	Spelt and Cheddar Parcel with Roasted Sweet Potato and Savoy Cabbage
DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY
Sticky Ginger and Sultana Sponge	Tiramisu	French Apple and Walnut Tart	Raspberry Millefeuille

Friday	Saturday	Sunday
Spring Vegetable Soup	BRUNCH	Broccoli Soup
Served With Freshly Baked Bread	5 Item Deal + Water/Hot drink £3.95	Served With Freshly Baked Bread
Korean Style Bulgogi Beef with Green Beans and Steamed Rice	Items available:	Honey Roast Gammon with Roast Potato's and Savoy Cabbage
Freshly Battered Haddock with Double Cooked Hand Cut Chips and Garden Peas	Toast, Sausage, Vegetarian Sausage, Bacon, Mushrooms, Tomatoes, Hash Browns, Fried Egg, Baked Beans	
Jackfruit Bun with Asian Slaw and Broccoli	Selection Of Paninis and Toasties	Lentil Loaf with Roasted Carrots and New Potato's
DESSERT OF THE DAY	Fruit salad	DESSERT OF THE DAY
Lemon Meringue pie	Poached Egg and Ham on English Muffin	Apple and Cinnamon Crumble

Enjoy our freshly prepared salads every day!