

WEEKLY Lunch MENU

Monday	Tuesday	Wednesday	Thursday
Broccoli and Stilton Soup	Lentil Soup	Courgette and Cumin Soup	Spinach and Chickpea Soup
Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread
Philly Cheesesteak Bap with Sweet Potato Fries & Cajun Corn	Chinese Spiced Pork Belly with Coconut Rice and Courgette	Roasted Chicken Breast with Cauliflower Cheese and Roasted Carrot and Parsnip	Seafood Paella with Peas and Garlic and Herb Topped Flatbread
Catch of The Day with Sauce Vierge, Peas and Steamed New Potatoes	Moqueca with Herby Mashed Potatoes and Roasted Celeriac	Lemon and Pepper Whitebait with Tartare Sauce, Crushed Peas and Roasted New Potatoes	Breaded Plaice with Peas and Rosemary Fries
Spicy Bean Burger with Sweet Potato Fries & Cajun Corn (Vegan)	Sweet and Sour Quorn and Vegetables with Coconut Rice and Courgette	Aubergine Stuffed with Ratatouille, Mediterranean Salad and Roasted Potatoes (Vegan)	Falafel Flatbread with Tzatziki, Greek Salad and Rosemary Fries (V)
DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY
Sticky Toffee Pudding with Toffee Sauce	Vanilla Pannacotta with Mango Compote	Chocolate Torte	Mixed Berry Crumble

Friday	Saturday	Sunday
Spring Vegetable Soup	BRUNCH	Broccoli Soup
Served With Freshly Baked Bread	5 Item Deal + Water/Hot drink £3.95	Served With Freshly Baked Bread
Korean Style Bulgogi Beef with Green Beans and Steamed Rice	Items available:	Honey Roast Gammon with Roast Potatoes and Savoy Cabbage
Freshly Battered Haddock with Double Cooked Hand Cut Chips and Garden Peas	Toast, Sausage, Vegetarian Sausage, Bacon, Mushrooms, Tomatoes, Hash Browns, Fried Egg, Baked Beans	
Jackfruit Bun with Asian Slaw and Broccoli	Selection Of Paninis and Toasties	Lentil Loaf with Roasted Carrots and New Potatoes
DESSERT OF THE DAY	Fruit salad	DESSERT OF THE DAY
Lemon Meringue pie		Apple and Cinnamon Crumble

Enjoy our freshly prepared salads every day!