

WEEKLY MENU

Dinner

| Monday | Tuesday | Wednesday | Thursday |
|--|--|---|---|
| Curried Cauliflower Soup 111kcal | Lentil Soup 139 kcal | Chunky Butterbean and Squash Soup 121 kcal | |
| Served With Freshly Baked Bread | Served With Freshly Baked Bread | Served With Freshly Baked Bread | |
| Chicken Provencal (with olives and Artichoke) 388kcal(Halal) | Creamy Cajun Sausage Pasta 589 kcal | Lemon and Herb Chicken 245kcal | |
| Mozzarella and Tomato Gnocchi Bake 570kcal (Vegetarian) | Creamy Mushroom and Truffle Tagliatelle 525kcal (Vegetarian) | Sticky Jerk Cod with Mango Slaw 339kcal | Pizza Theme Night Please see Posters for Details |
| Mixed Green Salad 45kcal | Herb Topped Flatbread 133kcal | Sourdough Flatbread 128kcal | |
| Rice 130kcal | Roasted Zucchini 34kcal | Yoghurt Dressing 60 kcal | |
| Mashed Potatoes 214kcal | Grilled Artichokes 119kcal | Pineapple Salsa 79kcal | |
| Roasted Broccoli topped with Pumpkin Seeds 141kcal | | Corn on the Cob 106kcal | |
| DESSERT OF THE DAY | DESSERT OF THE DAY | DESSERT OF THE DAY | |
| Rhubarb, Pear and Hazelnut Crumble 430kcal | Warm Chocolate Brownie with Chocolate Sauce 406 kcal | Steamed Chocolate Chip Sponge with Chocolate Sauce 490 kcal | |

| Friday | Saturday | Sunday |
|---|-------------------|-------------------|
| Sweet Potato, Chilli and Coconut Soup 117 kcal | | |
| Served With Freshly Baked Bread | No Service | No Service |
| Vietnamese Style Caramel Chicken 350kcal (Halal) | | |
| Grilled Aubergine Steak with Mozzarella and Tomato 213kcal (Vegetarian) | | |
| Tabbouleh 269kcal | | |
| Carrot and Coriander Slaw 78kcal | | |
| Spiced Apple and Fennel Salad 275kcal | | |
| Sweet Chilli Leeks 86kcal | | |
| DESSERT OF THE DAY | | |
| Crème Caramel 267 kcal | | |

Enjoy our freshly prepared salads every day!