

WEEKLY MENU

Dinner

Monday	Tuesday	Wednesday	Thursday
Cream Of Mushroom Soup 106 kcal	Lentil Soup 139 kcal	Chunky Butterbean and Squash Soup 121 kcal	Tomato and Red Pepper Soup 153 kcal
Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread
Pork Chasseur 257kcal	Creamy Cajun Chicken Pasta 589 kcal	Lemon and Herb Chicken Fillet 245kcal	Moroccan Meatball Tagine (with Lemon and Olives) 394kcal (Halal)
Smoked Haddock and Spring Onion Fishcakes 278kcal			
Vegetable Casserole 435kcal (Vegan)	Creamy Mushroom and Truffle Tagliatelle 525kcal (Vegetarian)	Cream Cheese, Chilli and Spinach Topped Squash 471kcal (Vegetarian)	Mixed Vegetable Tagine 230kcal (Vegan)
Fondant Potatoes 233kcal	Herb Topped Flatbread 133kcal	Sourdough Flatbread 128kcal	Moroccan Spiced Cous Cous 195kcal
Cauliflower 50kcal	Roasted Zucchini 34kcal	Yoghurt Dressing 60 kcal	Pitta and Hummus 428kcal
Roasted Sweet Potato 142kcal	Grilled Artichokes 119kcal	Pineapple Salsa 79kcal	Rice 130kcal
Broad Beans 82kcal	Spicy New Potatoes 135kcal	Corn on the Cob 106kcal	Cajun Corn 117kcal
DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY
Banana Bread With Toffee Sauce	Warm Chocolate Brownie with Chocolate Sauce 406 kcal	Steamed chocolate Chip Sponge with Chocolate Sauce 490 kcal	Orange and Cardamom Cake

Friday	Saturday	Sunday
Sweet Potato, Chilli and Coconut Soup 117 kcal		
Served With Freshly Baked Bread	No Service	No Service
Vietnamese Style Caramel Chicken 350kcal		
Sweetcorn Fritter Bowl (Eggs and Black bean Salsa) 482kcal (Light Lunch)		
Tabbouleh 269kcal		
Spiced Apple and Fennel Salad 275kcal		
Sweet Chilli Leeks 86kcal		
DESSERT OF THE DAY		
Crème Caramel 267 kcal		

Enjoy our freshly prepared salads every day.