

# WEEKLY MENU

## Lunch

Monday	Tuesday	Wednesday	Thursday
Spicy Broccoli Soup 91kcal	Pea Soup 158kcal	Parsnip Soup 165kcal	Broccoli Soup 340kcal
Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread
Slow Braised Beef Tagine 430kcal (Halal)	Pork and Leek Pie 683kcal	Chimmi Churri Pork Steak 304kcal	Chicken Supreme with Mushroom Sauce 382kcal
Pearl Barley and Parsnip Tagine 639kcal (Vegan)	Vietnamese Dirty Fries 575kcal	Catch of the day with Beurre Noisette 148kcal	Smoked Salmon Tagliatelle 694kcal
Herb Roasted New Potatoes 129kcal	Roasted Butternut Squash and Lentil Pie 588kcal (Vegan)	Stuffed Sweet Potato 578kcal(Vegetarian)	Potato and Courgette Latke 456kcal (Vegan)
Cous Cous 103kcal	Mashed Potato 214kcal	Broad Beans 82kcal	Pickled Red Cabbage 156kcal
Roasted Carrot and Chickpeas 146kcal	Roasted Parsnips 147kcal	Skinny Fries 378kcal	New Potatoes 129kcal
Green Beans 62kcal	Steamed Kale 49kcal	Red Onion and Tomato Salad 69kcal	Leeks 61kcal
DESSERT OF THE DAY	Fondant Potatoes 187kcal	DESSERT OF THE DAY	Mixed Greens 175kcal
Carrot Cabinet Pudding 418kcal	DESSERT OF THE DAY	Crème Catalan 267kcal	DESSERT OF THE DAY
	Toffee Apple Crumble 359kcal		Pumpkin Spiced Scone 381kcal

Friday	Saturday	Sunday
Tomato Soup 123kcal	Brunch	Carrot and Coriander Soup 138kcal
Served With Freshly Baked Bread		Served With Freshly Baked Bread
Chicken Souvlaki 559kcal (Halal)	Fruit Salad 50kcal	Roasted Pork Loin 467kcal
Freshly Battered Haddock 326kcal		
Feta and Sundried Tomato Frittata 412kcal (Vegetarian)	Waffles and Chocolate Sauce 484 kcal	Butternut Squash Stuffed with Lentils 660kcal (Vegan)
Double Cooked Hand Cut Chips 381kcal		Roast Potatoes 391kcal
Garlic Roasted New Potatoes 139kcal		Cauliflower 50kcal
Mushy Peas 173kcal		Braised Red Cabbage 156kcal
Pitta 159kcal		
DESSERT OF THE DAY		DESSERT OF THE DAY
Swiss Roll 303kcal		Peach and Rhubarb Crumble With Cream 440kcal

Enjoy our  
freshly  
prepared  
salads  
every day!