

WEEKLY MENU

Dinner

Monday	Tuesday	Wednesday	Thursday
Courgette and Dill Soup 131kcal	Mexican Bean Soup 291kcal	Sweetcorn Chowder 56kcal	Celeriac Soup 237kcal
Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread
Thai Green Chicken Curry 457kcal	Slow Braised Beef Chilli 356kcal	Lamb Kofta with Flatbread and Yoghurt and Mint Dressing 423kcal (Street Food)	Pasta Bar Proteins: Chicken and Pea in a Cream Sauce 375kcal
Thai Green Tofu and Vegetable Curry 436kcal (Vegetarian)	Five Bean Chilli 495kcal (Vegan)	Vegetable Pastito 597kcal (Vegetarian)	Mediterranean Vegetable and Tofu 434kcal (Vegan)
Steamed Rice 130kcal	Roasted Zucchini 34kcal	Curried Tomatoes and Chickpeas 148kcal	Linguine 220kcal Penne 352kcal
Stir Fried Greens 141kcal	Tortilla Chips and Assorted Dips 346kcal	Toasted Flatbread 128kcal	Cheesy Garlic Bread 308kcal
Naan Bread 274kcal	Mexican Style Rice 138kcal	Greek Salad 333kcal	Focaccia 284kcal
Naan Bread 274kcal	Mexican Style Rice 138kcal	Greek Brown Rice Salad 400kcal	Steamed Broccoli 62kcal
DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY
Cherry pie with Chantilly Cream 390kcal	Dark Chocolate and Caramel Choux Bun 479kcal	Banoffee Pie 338kcal	Lemon Posset 421kcal

Friday	Saturday	Sunday
Curried Cauliflower Soup 118kcal		
Served With Freshly Baked Bread	No Service	No Service
Lemon and Oregano Chicken 289kcal		
Wild Mushroom Risotto 569kcal (Vegetarian)		
Green Cabbage 52kcal		
Crushed Sweet Potato 166kcal		
Toasted Flatbread 128kcal		
Chef's Salad 140kcal		
DESSERT OF THE DAY		
Sticky Toffee Pudding with Toffee Sauce 540kcal		

Enjoy our freshly prepared salads every day!