

WEEKLY MENU

Lunch

Monday	Tuesday	Wednesday	Thursday
Cauliflower Soup 91kcal	Carrot and Ginger Soup 158kcal	Parsnip Soup 165kcal	Broccoli Soup 340kcal
Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread
Slow Braised Beef Tagine (Halal) 430kcal	Chicken and Leek Pie 683kcal (Halal)	Chimmi Churri Pork Steak 304kcal (Light Lunch)	Chicken Supreme with Mushroom Sauce 382kcal
	Vietnamese Dirty Fries 575kcal (Street Food)		Fish Pie Macaroni Cheese 504kcal
Pearl Barley and Celeriac Tagine 639kcal (Vegetarian)	Roasted Butternut Squash and Lentil Casserole 588kcal (Vegan)	Stuffed Sweet Potato 578kcal (Vegetarian)	Potato and Courgette Latke 456kcal (Vegan)
Herb Roasted New Potatoes 129kcal	Mashed Potato 214kcal	Broad Beans 82kcal	Pickled Red Cabbage 156kcal
Cous Cous 103kcal	Roasted Parsnips 147kcal	Skinny Fries 378kcal	New Potatoes 129kcal
Roasted Carrot and Chickpeas 146kcal	Steamed Kale 49kcal	Red Onion and Tomato Salad 69kcal	Leeks 61kcal
Green Beans 62kcal	Fondant Potatoes 187kcal	Tabbouleh 269kcal	Mixed Greens 175kcal
DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY
Sticky Toffee Pudding with Toffee Sauce 540kcal	Toffee Apple Crumble 359kcal	Crème Catalan 267kcal	Pumpkin Spiced Scone 381kcal

Friday	Saturday	Sunday
Tomato Soup 123kcal		Carrot and Coriander Soup 138kcal
Served With Freshly Baked Bread	Brunch	Served With Freshly Baked Bread
Korean Style Bulgogi Beef 494kcal (Street Food)		Honey Roasted Gammon 467kcal
Freshly Battered Haddock 326kcal	Selection Of Pastries, Paninis and Toasties	
Feta and Sundried Tomato Frittata 407kcal (Light Lunch) (Vegetarian)		Butternut Squash and Lentil Crumble 660kcal (Vegetarian)
Garlic Roasted New Potatoes 139kcal		Braised Red Cabbage 156kcal
Double Cooked Hand Cut Chips	Waffles and Chocolate Sauce	Roast Potatoes 391kcal
Mushy Peas 173kcal		Cauliflower 50kcal
Pitta 159kcal		
DESSERT OF THE DAY	Fruit Salad 56kcal	DESSERT OF THE DAY
Swiss Roll 303kcal		Peach and Rhubarb Pie With Cream 440kcal

Enjoy our
freshly
prepared
salads
every day!