

# WEEKLY MENU

## Dinner

Monday	Tuesday	Wednesday	Thursday
Mushroom and Truffle Soup 153kcal	Curried Cauliflower Soup 111kcal	Root Vegetable Soup 196kcal	Thai Pumpkin Soup 192kcal
Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread
Katsu Chicken 382kcal	Beef Brisket 572kcal	Masala Chicken Pie 414kcal (Halal)	Chicken Kiev Quesadilla 413kcal (Halal)
Tandoori Coley 191kcal	Three Cheese Macaroni Topped with Golden Breadcrumbs 685kcal (Vegetarian)	Prawn Tikka Masala 432kcal	Breaded Fillet Of Plaice 289kcal
Katsu Aubergine 341kcal (Vegan)	Sweet Potato Mash 249kcal	Pomegranate Tofu 330kcal (Vegan)	Chipotle, Sweet Potato and Black Bean Stew with Cheddar Dumplings 547kcal (Vegetarian)
Masala Potatoes 156kcal	Chef's Salad 140kcal	Coconut Rice 313kcal	Pickled Chilli Slaw 83kcal
Curried Cauliflower 98kcal	Roasted Broccoli 62kcal	Handmade Naan Bread 224kcal	Mexican Rice 302kcal
Poppadums and Dips 250kcal		Peas 81kcal	Pineapple Salsa 158kcal
DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY
Apple Sour Cream Cake 477kcal	Lemon and Poppy seed Cake 314kcal	Chocolate Chip Banana Bread 306kcal	Passionfruit Posset 515kcal

Friday	Saturday	Sunday
Red Pepper, Squash and Harissa Soup 205kcal	CLOSED	CLOSED
Served With Freshly Baked Bread		
Bacon, Pea and Basil Macaroni 703kcal		
Spicy Spaghetti with Garlic Mushrooms 346kcal (Vegetarian)		
Roasted New Potato's 129kcal		
Garlic Bread 274kcal		
Spiced Sweetcorn 92kcal		
Kale 49kcal		
DESSERT OF THE DAY		
Raspberry Ripple Blondie 329kcal		

Enjoy our  
freshly  
prepared  
salads  
every day!