WEEKLYMENU

Monday	Tuesday	Wednesday	Thursday
Miso Aubergine Soup 176kcal	Leek and Potato Soup 189kcal	Spinach Chickpea and Chilli Soup 222kcal	Orzo and Tomato Soup 349kcal
Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread
Chorizo and Mozzarella Pasta Bake 418kcal	Chicken And Black Turtle Bean Casserole 472kcal	Garlic and Thyme Roasted Chicken Breast 297kcal	Smoked Maceral and Wild Mushroom Risotto 513kcal
Quinoa Stuffed Pepper 340kcal	Vegetarian Pastito 468kcal (Vegetarian)	Breaded Plaice 343kcal	BBQ Sweet Potato Flatbread 544kcal
Okra 66kcal	Roasted Butternut Squash 63kcal	Lentil and Vegetable Hotpot 485kcal (Vegan)	Hot and Spicy Salsa 67kcal
Rice Noodles	Creamy Minted Peas 134kcal	Vermicelli Noodles 109kcal	Peas81kcal
Charred Vegetables 175kcal	Skinny Fries337kcal	Roasted Potatoes 391kcal	Oven Roasted Wedges 191kcal
Wholegrain Mustard Mashed Potatoes 232kcal	Almond Cous Cous 103kcal	Sauté Cabbage52kcal	Corn on The Cob I 06kcal
		Spiced Cauliflower 53kcal	
DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE
Mixed Berry Pávlova 263kcal	Dark Chocolate Tart 570kcal	Apple Strudel 274kcal	Chocolate Mousse 377kcal

Enjoy our freshly prepared salads every day!

Friday	Saturday	Sunday	
Closed	Closed	Closed	
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