

# WEEKLY MENU

## Dinner

Monday	Tuesday	Wednesday	Thursday
Broccoli Soup 104kcal	Cauliflower and Cheddar Soup 188kcal	Celeriac Soup 237kcal	Hot and Sour Vegetable Soup 142kcal
Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread
Chorizo and Mozzarella Gnocchi 318kcal	Pork and Apple Burger 522kcal	Chicken Amatriciana 472kcal (Halal)	Red Pesto and Herb Crumbed Pork Chop 490kcal
Thai Fried Prawn and Pineapple Rice 311kcal	Tomato Galette 251kcal (Vegetarian)	Fish Pie 455kcal	Aubergine and Sesame Dan Dan Noodles 606kcal (Vegetarian)
Butternut Squash and Sage Risotto 609kcal (Vegetarian)	Cajun Spiced Sweetcorn 64kcal	Moroccan Falafel Flatbread 697kcal (Street Food) (Vegan)	Wilted Pak Choi 83kcal
Kale salad, Lemon Dressing 210kcal	Skinny Fries 312kcal	Fruity Cous Cous 189kcal	Sweet Chilli Leeks 54kcal
Garlic Mushrooms 186kcal	Chef's Salad 128kcal	Green Salad 140kcal	Spicy Rice 246kcal
Green Beans 62kcal	Cajun Rice 189kcal	Oven Roasted Broccoli 62kcal	Parmentier Potatoes 208kcal
Parmesan Topped Broccoli 106kcal		Herb Roasted Swede 51kcal	
DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY
Lemon and Strawberry Bread and Butter Pudding 536kcal	Cherry and Almond Tart 417kcal	Pecan Pie 649kcal	Butterscotch Pudding 348kcal

Friday	Saturday	Sunday
Sweet Potato, Coconut and Chilli Soup 240kcal	Closed	Closed
Served With Freshly Baked Bread		
Beef Lasagne 580kcal (Halal)		
Vegetable Lasagne 461kcal (Vegetarian)		
Garlic Flatbread 274kcal		
Chef's Salad 140kcal		
Mediterranean Vegetables 175kcal		
Honey Coated Carrots 90 kcal		
DESSERT OF THE DAY		
Spanish Flan 267kcal		

Enjoy our  
freshly  
prepared  
salads  
every day