

# WEEKLY MENU

## Dinner

Monday	Tuesday	Wednesday	Thursday
Red Lentil Soup 212kcal	Creamy Celeriac Soup 254kcal	Curried Cauliflower Soup 178kcal	Minestrone Soup 278kcal
Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread
Loaded Bratwurst Hot Dog 687kcal	Crispy Hoisin Duck with Pancakes & Spring Onion 402kcal	Pork Schnitzel 442kcal	Chicken Arrabbiata 517kcal (Halal)
Spicy Bean Burger 534kcal	Mapo Tofu & Vegetables 366kcal	Buffalo Cauliflower (Vegan) 289kcal	Melanzane alla Parmigiana 606kcal
Skinny Fries 401kcal	Thai 7 Spice Bok Choy 129kcal	Green Cabbage 128kcal	Fusilli Aglio e Olio 265kcal
BBQ pit beans 327kcal	Steamed Broccoli 85kcal	Sweet Potato Fries 354kcal	Garlic Ciabatta 313kcal
Green Beans 98kcal	Singapore Rice Noodles 207kcal	Creamy Leeks 202kcal	Cavolo Nero 88kcal
DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY
Warm Maple, Apple & Cinnamon Flapjack 604kcal	Peach & Apricot Trifle 488kcal	Rice Pudding with a Selection of Toppings 331kcal	Tiramisu 482kcal

Friday	Saturday	Sunday
Courgette Pea & Pesto Soup 255kcal	Closed	Closed
Served With Freshly Baked Bread		
Chicken Stroganoff 559kcal		
Vegan Sausage & Butter Bean One Pot 460kcal		
Braised Red Cabbage 248kcal		
Steamed Rice 155kcal		
Roasted Cauliflower 133kcal		
DESSERT OF THE DAY		
Kit Kat Cheesecake 471kcal		

Enjoy our  
freshly  
prepared  
salads  
every day!