# WEEKLY MENU
## Lunch

| Monday | Tuesday | Wednesday | Thursday |
|---|---|---|---|
| Pea & Mint Soup 120kcal | Cream of Mushroom Soup 137kcal | Kohlrabi Soup 125kcal | Roasted Red Pepper Soup 119kcal |
| Served With Freshly Baked Bread | Served With Freshly Baked Bread | Served With Freshly Baked Bread | Served With Freshly Baked Bread |
| Cumberland Sausages in Caramelised Onion Gravy 309kcal | Cottage Pie 483kcal | Linguine a la Carbonara 307kcal | Chicken Paella 550kcal |
| Catch of The Day with Salsa Verde 237kcal | Smoked Mackerel & Horseradish rosti 162kcal | Catch of the Day with Caper Buerre Noisette 193kcal | Bouillabaisse 225kcal |
| Vegan Banh mi 566kcal | Tofu Vegetable Jambalaya (Vegan) 547kcal | Sweet Potato Hash with Egg & Avocado (Vegetarian) 558kcal | Vegetable Moussaka (Vegetarian) 347kcal |
| Creamy Mashed potato 276kcal | Pepperonata 148kcal | Parsley Garlic Butter Mushrooms 111kcal | Toasted Focaccia 142kcal |
| Lemon & Garlic Broccoli 69kcal | Sautéed Hispi Cabbage 77kcal | Vegetable Medley 66kcal | Roasted Squash 45kcal |
| Roasted Med Veg 46kcal | Chilli Minted Peas 118kcal | | Sweetcorn 86kcal |
| Steamed Herby New Potatoes 135kcal | | | Lenteca 116kcal |
| DESSERT OF THE DAY | DESSERT OF THE DAY | DESSERT OF THE DAY | DESSERT OF THE DAY |
| Berry Plum Crumble with Cardamom Custard | Treacle tart with Crème Chantilly 280kcal | Pastel de Nata 225kcal | Spanish Flan 398kcal |

| Friday | Saturday | Sunday |
|---|---|---|
| Leek & Potato Soup 132kcal | Brunch | Tomato & Basil Soup |
| Served With Freshly Baked Bread | Belgian Waffles and Chocolate sauce 484kcal | Served With Freshly Baked Bread |
| Pork Tagine 330kcal | Fruit Salad | Honey Glazed Pork Belly 274kcal |
| Battered Haddock 329kcal | Selection of Pastries | Greens Macaroni Cheese (Vegetarian) 210kcal |
| Seitan Doner Kebab (Vegan) 234kcal | | Roast Potatoes 149kcal |
| Hand Cut Double Cooked Chips 250kcal | | Crushed New Potatoes 132kcal |
| Garden Peas 81kcal | | Creamy Kale 109kcal |
| Herby Couscous 167kcal | | Roasted Squash 45kcal |
| Roasted Harissa Vegetables & Chickpeas 101kcal | | |
| DESSERT OF THE DAY | | DESSERT OF THE DAY |
| Biscoff Doughnuts 395kcal | | Bread & Butter Pudding 175kcal |

Enjoy our freshly prepared salads every day!