

WEEKLY MENU

Dinner

Monday	Tuesday	Wednesday	Thursday
Mushroom and Truffle Soup 153kcal	Curried Cauliflower Soup 111kcal	Root Vegetable Soup 196kcal	Thai Pumpkin Soup 192kcal
Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread
Katsu Chicken 382kcal	Beef Brisket 572kcal	Masala Chicken Pie 414kcal (Halal)	Chicken Kiev Quesadilla 413kcal (Halal)
Katsu Aubergine 341kcal (Vegan)	Three Cheese Macaroni Topped with Golden Breadcrumbs 685kcal (Vegetarian)	Prawn Tikka Masala 432kcal	Breaded Fillet Of Plaice 289kcal
Masala Potatoes 156kcal	Sweet Potato Mash 249kcal	Pomegranate Tofu 330kcal (Vegan)	Chipotle, Sweet Potato and Black Bean Stew with Cheddar Dumplings 547kcal (Vegetarian)
Curried Cauliflower 98kcal	Chef's Salad 140kcal	Handmade Naan Bread 224kcal	Mexican Rice 302kcal
Poppadums and Dips 250kcal	Roasted Broccoli 62 kcal	Peas 81 kcal	Pineapple Salsa 158kcal
		Cumin Roasted Broccoli 130kcal	Tortilla Chips and Dips 346kcal
		Coconut Rice 313kcal	Pickled Chilli Slaw 83kcal
DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY
Apple Sour Cream Cake 477kcal	Lemon and Poppy seed Cake 314kcal	Chocolate Chip Banana Bread	Passionfruit Posset 515kcal

Friday	Saturday	Sunday
Red Pepper, Squash and Harissa Soup 205kcal	Closed	Closed
Served With Freshly Baked Bread		
Bacon, Pea and Basil Macaroni 703kcal		
Spicy Spaghetti with Garlic Mushrooms 346kcal (Vegetarian)		
Roasted New Potato's 129kcal		
Garlic Bread 274kcal		
Spiced Sweetcorn 92kcal		
Kale 49kcal		
DESSERT OF THE DAY		
Raspberry Ripple Blondie 329kcal		

Enjoy our freshly prepared salads every day!