

# WEEKLY MENU

## Lunch

Monday	Tuesday	Wednesday	Thursday
Curried Cauliflower Soup 111kcal	Tom Yum Soup 121kcal	French Onion Soup 110kcal	Tomato and Fennel Soup
<b>Served With Freshly Baked Bread</b>	<b>Served With Freshly Baked Bread</b>	<b>Served With Freshly Baked Bread</b>	<b>Served With Freshly Baked Bread</b>
Chicken & Chorizo Stew 320kcal	Bavette Steak with Peppercorn Sauce 304kcal	Roast Chicken Breast 284kcal	Crispy Fried Chicken with Korean BBQ Sauce 487kcal (Street Food) (Halal)
Honeyed Harissa Cod with Crispy Chick Peas 446kcal	Breaded Plaice 301kcal	Catch Of The Day with Cream and white Wine Sauce 232kcal	Maeuntang 305kcal
Broccoli Risotto with Lemon and Basil 378kcal (Vegan)	Vegetarian Indian Buffet Bowl 608kcal (Vegetarian)	Nut roast 408kcal (Vegetarian)	Hoisin Tofu 515kcal (Vegan)
Fusilli 158kcal	Dauphinoise Potatoes 352kcal	Roast Potatoes 391kcal	Egg Noodles 138kcal
Peas 81kcal	Sesame Roasted Broccoli 73kcal	Carrots 82kcal	Wilted Pak Choi 110kcal
Fried Tortilla 214kcal	Skinny Fries 337kcal	Green Beans 62kcal	Soy Braised Potatoes 217kcal
Mixed Vegetables 121kcal	Caesar Salad 330kcal	Roasted New Potatoes 129 kcal	Stir Fry Vegetables 304kcal
<b>DESSERT OF THE DAY</b>	<b>DESSERT OF THE DAY</b>	<b>DESSERT OF THE DAY</b>	<b>DESSERT OF THE DAY</b>
Rhubarb, Pear and Hazelnut Crumble 430kcal	Apple and Cinnamon Sponge 326kcal	Chocolate and Orange Marmalade Brioche Pudding 657kcal	Kkwabaegi Donut 599kcal

Friday	Saturday	Sunday
Courgette, Pea and Pesto Soup 206kcal	<b>Brunch</b>	Scotch Broth 162 kcal
<b>Served With Freshly Baked Bread</b>		<b>Served With Freshly Baked Bread</b>
Chicken New Yorker 488kcal (Halal)		Roasted Oregano Chicken Supreme 294kcal
Freshly Battered Haddock 326kcal		Wild Mushroom and Lentil Wellington 592 kcal
Cauliflower Steak with Crispy Capers 277kcal (Vegan)		Roast Potatoes 391kcal
Green Salad with French Dressing 177kcal		Braised Red Cabbage 107kcal
Onion Rings 411kcal		Broccoli 62kcal
Double Cooked Hand Cut Chips 381kcal		Traditional Gravy 79kcal
Garden Peas 81kcal		
<b>DESSERT OF THE DAY</b>		<b>DESSERT OF THE DAY</b>
Mississippi Mud Pie 680kcal		Apple Pie With Custard

Enjoy our  
freshly  
prepared  
salads  
every day.