

WEEKLY MENU

Lunch

Monday	Tuesday	Wednesday	Thursday
Curried Cauliflower Soup 111kcal	Tom Yum Soup 121kcal	French Onion Soup 110kcal	Sweetcorn Chowder 261kcal
Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread
Slow Braised Beef Ragu 297kcal (Halal)	Bavette Steak with Peppercorn Sauce 304kcal	Roast Chicken Breast 284kcal	Grilled Chimmri Churri Chicken Thighs 366kcal
Pearl Barley and Broccoli Risotto with Lemon and Basil 378kcal (Vegan)	Vegetarian Indian Buffet Bowl 608kcal (Vegetarian)	Nut roast 408kcal (Vegetarian)	Potato and Courgette Latke 318kcal (Vegan)
Spaghetti 158kcal	Dauphinoise Potatoes 352kcal	Roast Potatoes 391kcal	Pickled Red Cabbage 174kcal.
Peas 81kcal	Sesame Roasted Broccoli 73kcal	Carrots 82kcal	Parprika Spiced Wedges 200kcal
Fried Tortilla 214kcal	Skinny Fries 337kcal	Green Beans 62kcal	Tomato and Red Onion Salad 142kcal
Mixed Vegetables 121kcal	Ceaser Salad 330kcal	Roast New Potatoes. 129kcal	Pomegranate Cous Cous 327kcal
		Traditional Gravy 79kcal	
DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY
Rhubarb, Pear and Hazelnut Crumble 430kcal	Apple and Cinnamon Sponge 326kcal	Chocolate and Orange Marmalade Brioche Pudding 657kcal	Salted Caramel Swiss Roll 332kcal.

Friday	Saturday	Sunday
Courgette, Pea and Pesto Soup 206kcal		
Served With Freshly Baked Bread	Closed	Closed
Chicken New Yorker 488kcal (Halal)		
Freshly Battered Haddock 326kcal		
Cauliflower Steak with Crispy Capers 277kcal (Vegan)		
Green Salad with French Dressing 177kcal		
Onion Rings 411kcal		
Double Cooked Hand Cut Chips 381kcal		
Garden Peas 81kcal		
DESSERT OF THE DAY		
Chocolate Orange Flapjack 443kcal		

Enjoy our freshly prepared salads every day.