

WEEKLY MENU

Lunch

Tuesday	Wednesday	Thursday
Green Chilli Soup 123kcal	Root Vegetable Soup 218kcal	Sweetcorn Chowder 261kcal
Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread
Slow Braised Beef Bolognese 409kcal. (Halal)	Beef Silverside with Yorkshire Pudding 449kcal	Grilled Chimmi Churri Chicken Thighs 366kcal
Lentil and Vegetable Hotpot 553kcal (Vegan)	Nut Roast 346kcal	Potato and Courgette Latke 318kcal (Vegan)
Roasted New Potatoes 221kcal.	Garlic and Herb Roasted Potatoes 361kcal.	Pickled Red Cabbage 174kcal.
Steamed Broccoli 89kcal	Charred Cauliflower and Broccoli 98kcal	Paprika Spiced Wedges 200kcal
Spaghetti 308kcal	Dauphinoise Potatoes 395kcal	Tomato and Red Onion Salad 142kcal
	Maple and Brown Sugar Roasted Carrots 218kcal.	Pomegranate Cous Cous 327kcal
DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY
Steamed Syrup Pudding 493kcal	Spotted Dick with Custard 473kcal.	Salted Caramel Swiss Roll 332kcal.

Friday	Saturday	Sunday
Courgette and Caraway Soup 131kcal	Brunch	Carrot and Coriander Soup 138kcal
Served With Freshly Baked Bread		Served With Freshly Baked Bread
Spicy Beef and Bacon Pasta Bake 562kcal		Roasted Pork Loin 467kcal
Red Onion and Brie Tartlet 444kcal (Vegetarian)		Butternut Squash Stuffed with Lentils 660kcal (Vegetarian)
Double Cooked Chips 381kcal		Braised Red Cabbage 156kcal.
Garden Peas 81kcal		Roast Potatoes 391kcal
Chip Shop Style Mushy Peas 180kcal		Cauliflower 50kcal
Charred Leeks 122kcal		
DESSERT OF THE DAY		DESSERT OF THE DAY
Burnt Butterscotch Rice Pudding 767kcal		Peach and Rhubarb Crumble with Cream 440kcal

Enjoy our freshly prepared salads every day!