

# WEEKLY MENU

## Lunch

Monday	Tuesday	Wednesday	Thursday
Tomato Soup 111kcal	Tom Yum Soup 121kcal	French Onion Soup 110kcal	Tomato and Fennel Soup 209kcal
Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread
Cajun Spiced Chicken Fillet 401kcal (Halal)	Bavette Steak with Peppercorn Sauce 304kcal	Roast Chicken Breast 284kcal	Crispy Fried Chicken with Korean BBQ Sauce 487kcal (Street Food) (Halal)
Honeyed Harissa Cod with Crispy Chickpeas 446kcal	Breaded Plaice 301kcal	Catch Of The Day with Cream and white Wine Sauce 232kcal	Maeuntang 305kcal
Smoky Sausage Casserole 378kcal (Vegan)	Vegetarian Indian Buffet Bowl 608kcal (Vegetarian)	Nut roast 408kcal (Vegetarian)	Hoisin Tofu 515kcal (Vegan)
Smoky BBQ Beans 158kcal	Dauphinoise Potatoes 352kcal	Roast Potatoes 391kcal	Egg Noodles 138kcal
Pak Choi 81kcal	Sesame Roasted Broccoli 73kcal	Carrots 82kcal	Wilted Pak Choi 110kcal
Crushed Potatoes 214kcal	Skinny Fries 337kcal	Green Beans 62kcal	Soy Braised Potatoes 217kcal
Roasted Carrots 104kcal	Ceaser Salad 330kcal	Roast New Potatoes 129kcal	Stir Fry Vegetables 304kcal
DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY
Chocolate Brownie 430kcal	Pancakes with a selection of Toppings 326kcal	Chocolate and Orange Marmalade Brioche Pudding 657kcal	Kkwabaegi Donut 599kcal

Friday	Saturday	Sunday
Courgette, Pea and Pesto Soup 206kcal	Brunch	Scotch Broth 162kcal
Served With Freshly Baked Bread		Served With Freshly Baked Bread
Chicken New Yorker 488kcal (Halal)		Roasted Oregano Chicken Supreme 294kcal
Freshly Battered Haddock 326kcal		Wild Mushroom and Lentil Wellington 592kcal
Cauliflower Steak with Crispy Capers 277kcal (Vegan)		Roast Potatoes 391kcal
Green Salad with French Dressing 177kcal		Braised Red Cabbage 107kcal
Onion Rings 411kcal		Broccoli 62kcal
Double Cooked Hand Cut Chips 381kcal		Traditional Gravy 79kcal
Garden Peas 81kcal		
DESSERT OF THE DAY		DESSERT OF THE DAY
Mississippi Mud Pie 680kcal		Apple Pie With Custard 418kcal

Enjoy our  
freshly  
prepared  
salads  
every day