

WEEKLY MENU

Lunch

Monday	Tuesday	Wednesday	Thursday
Sweet Potato Coconut and Chilli Soup 122kcal	Leek and Potato Soup 165kcal	French Onion Soup 110kcal	Spicy Bean Soup 201kcal
Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread
Chicken and Chorizo One Pot 316kcal	Salt Beef Bagel 665kcal	Roasted Loin of Pork 242kcal	Spicy Seafood Orzo 394kcal
Breaded Plaice 302kcal	Sweet Potato Cakes with Pesto Eggs (Vegetarian) 507kcal	Catch of the day with Bearnaise Sauce 464kcal	Wild Mushroom and Truffle Risotto (Vegetarian) 394kcal
Indian Buffet Bowl, Yellow Rice, Onion Bhaji, Vegetable Samosa, Potato Pakora, Curry Sauce (Vegan) 837kcal	Loaded Vegan Hot Dog with Pickles, Onion, Smokey Slaw and Charred Corn (Vegan) 609kcal	Pulled Chicken Bao, Pickled Vegetables, Sticky Rice, Hoisin Sauce and Spring Onions (HALAL) 717kcal	Crispy Chilli Beef with Egg Noodles Miso Broth and Charred Chillies 651kcal
Spaghetti Napolitana 515kcal	Zaatar Lyonnaise 234kcal	Tofu and Vegan Sausage Hash (Vegan) 414kcal	Green Bean Almondine 100kcal
Garlic Bread 350kcal	Roasted Cauliflower with Wholegrain Mustard 225kcal	Roast Potatoes 391kcal	Herb Roasted Beetroot 86kcal
Mediterranean Vegetables 92kcal	Chimmi Churri Kale 180kcal	Roasted Butternut Squash and Fennel 195kcal	Pepperanato 494kcal
Skinny Fries 312kcal		Roast Potatoes 391kcal	
DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY
Lemon and Basil Posset 443kcal	Pecan Pie 593kcal	Cherry Pie with Chantilly Cream 599kcal	Chocolate Swiss Roll 367kcal

Friday	Saturday	Sunday
Curried Vegetable Soup 206kcal	Brunch	Honey Roasted Parsnip Soup 179kcal
Served With Freshly Baked Bread		Served With Freshly Baked Bread
Freshly Battered Haddock 326kcal		Chicken Supreme 284kcal
Heritage Tomato, Basil and Mozzarella Bruschetta (Vegetarian) 581kcal		Nut Roast 607kcal (Vegan)
Breaded Chicken Burger, Korean Style Sauce, Kimchi, Skinny Fries, Toasted Sesame Seeds (HALAL) 830kcal		Carrots 82kcal
Triple Cooked Chips 381kcal		Broccoli 62kcal
Chip Shop Style Minted Mushy Peas 173kcal		Roast Potatoes 391kcal
Lemon and Tarragon Garden Peas 99kcal		New Potatoes 129kcal
DESSERT OF THE DAY		DESSERT OF THE DAY
Revani Cake 312kcal		Chocolate and Orange Bread and Butter Pudding 586kcal

Enjoy our freshly prepared salads every day!