

WEEKLY MENU

Lunch

Monday	Tuesday	Wednesday	Thursday
Sweet Potato, Coconut and Chilli Soup 117kcal	Sweetcorn Chowder 251kcal	French Onion Soup 110kcal	Curried Cauliflower Soup 111kcal
Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread
Moroccan Meatball Casserole 394kcal (Halal)	Cajun Chicken Wings with Blue Cheese Dip 437kcal	Roast Chicken Breast 284kcal (Halal)	Galic Butter Chicken, & Zucchini Orzo 508kcal
Veggie Supreme Pizza 461kcal (Vegetarian)	Spinach & Wild Mushroom Roulade (Vegetarian)	Beetroot Tarte Tatin 408kcal (Vegan)	Spanakopita (Vegetarian)
Garlic Flatbread 128kcal	Chimmi Churri Soaked Wedges 379kcal	Roast Potatoes 391kcal	Green Bean Almondine 100kcal
Roasted Zucchini 34kcal	Tajin Cauliflower Bites 232kcal	Garlic and Parmesan Roasted Carrots 182kcal	Garlic Bread 274kcal
Sauté Cabbage 52kcal	Beer Battered Onion Rings 350kcal	Green Beans 74kcal	Mixed Vegetables 121kcal
Skinny Fries 312kcal		Swede Dauphinoise 611kcal	
DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY
Warm Chocolate Brownie with Chocolate Sauce 406kcal	Pecan Pie with Maple Cream 593kcal	Rhubarb Trifle 657kcal	Apricot & Lavender Crumble 430kcal

Friday	Saturday	Sunday
Courgette, Pea and Pesto Soup 206kcal	Brunch	Scotch Broth 162kcal
Served With Freshly Baked Bread		Served With Freshly Baked Bread
Pork, Apple and Stuffing Bap with Chicken Gravy 714kcal		Roasted Oregano Chicken Supreme 294kcal
Battered Haddock 326kcal		Wild Mushroom and Lentil Wellington 592kcal
Rustic Ciabatta Topped with Creamy Garlic Mushrooms 675kcal (Vegetarian)		Roast Potatoes 391kcal
Double Cooked Hand Cut Chips 381kcal		Braised Red Cabbage 107kcal
Mushy Peas 173kcal		Broccoli 62kcal
Sweet Potato, Spring Onion and Feta Salad 360kcal		Traditional Gravy 79kcal
DESSERT OF THE DAY		DESSERT OF THE DAY
Blueberry Roly Poly 430kcal		Apple Pie With Custard

Enjoy our freshly prepared salads every day

