

# WEEKLY MENU

## Dinner

| Monday                               | Tuesday  | Wednesday                            | Thursday  |
|--------------------------------------|--|--------------------------------------|---|
| Root Vegetable Soup<br>196kcal       | Roasted Broccoli Soup<br>111kcal                     | Mushroom and Truffle<br>Soup 153kcal | Argentinian Locro<br>304kcal                            |
| Served With Freshly<br>Baked Bread   | Served With Freshly<br>Baked Bread                   | Served With Freshly Baked<br>Bread   | Served With Freshly Baked<br>Bread                      |
| Beef Rogan Josh 414kcal<br>(Halal)   | Gammon and Eggs<br>661kcal                           | Katsu Chicken<br>382kcal(Halal)      | Chimmi Churri Steak<br>Fajitas 583kcal                  |
| Tofu Tikka Masala<br>330kcal (Vegan) | Butterbean and Vegan<br>Sausage Cassoulet<br>580kcal | Katsu Aubergine 341kcal<br>(Vegan)   | Zucchini Fritters<br>380kcal(Vegan)                     |
| Coconut Rice 313kcal                 | Lyonnais Potatoes<br>227kcal                         | Masala Potatoes 156kcal              | Pickled Chilli Slaw 83kcal                              |
| Handmade Naan Bread<br>224kcal       | Roasted New Potatoes<br>294kcal                      | Curried Cauliflower<br>98kcal        | Mexican Rice 302kcal                                    |
| Spiced Sweet Potato<br>85kcal        | Peas 81kcal  | Poppadums and Dips<br>250kcal        | Cajun Fries 260kcal                                     |
| Cumin Roasted<br>Courgette 130kcal   | Roasted Broccoli 97kcal                              |                                      | Pomegranate Glazed<br>Vegetables with Grapes<br>214kcal |
| DESSERT OF THE DAY                   | DESSERT OF THE DAY                                   | DESSERT OF THE DAY                   | DESSERT OF THE DAY                                      |
| Cornflake Tart 405kcal               | Sticky Toffee Pudding<br>607kcal                     | Dorset Apple Cake<br>477kcal         | Alfajores 300kcal                                       |

| Friday   | Saturday | Sunday |
|--|----------|--------|
| Spiced Pumpkin Soup<br>192kcal   |          |        |
| Served With Freshly<br>Baked Bread   |          |        |
| Creamy Chicken and<br>Mushroom Pasta with<br>Pesto 479kcal(Halal)            |          |        |
| Charred Vegetable,<br>Tomato and Feta<br>Tagliatelle 440<br>kcal(Vegetarian) |          |        |
| Roasted New Potatoes<br>129kcal  | Closed   | Closed |
| Garlic Bread 274kcal   |          |        |
| Spiced Sweetcorn 92kcal  |          |        |
| DESSERT OF THE DAY   |          |        |
| Apple Turnover<br>Chantilly Cream 316kcal                                    |          |        |

Enjoy our  
freshly  
prepared  
salads  
every day!