## WEEKLY MENU Lunch

Monday	Tuesday	Wednesday	Thursday
Sweet Potato Coconut and Chilli Soup 122kcal	Curried Swede Soup I65kcal	French Onion Soup	Spicy Bean Soup 201kcal
Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Baked Bread	Served With Freshly Bake Bread
Chicken and Chorizo One Pot 316kcal	Salt Beef Bagel 665kcal	Roasted Loin of Pork 242kcal	Spicy Seafood Orzo 394kcal
Indian Buffet Bowl, Yellow Rice, Onion Bhaji, Vegetable Samosa, Potato Pakora, Curry Sauce	Loaded Vegan Hot Dog with Pickles, Onion, Smokey Slaw and Charred Corn (Vegan) 609kcal	Pulled Chicken Bao, Pickled Vegetables, Sticky Rice, Hoisin Sauce and Spring Onions (HALAL) 717kcal	Crispy Chilli Beef with Egg Noodles Miso Broth and Charred Chillies 65 I kcal
Breaded Plaice 302kcal	Sweet Potato Cakes with Pesto Eggs (Vegetarian) 507kcal	Tofu and Vegan Sausage Hash (Vegan) 414kcal	Wild Mushroom and Truffle Risotto (Vegetarian)394kcal
Skinny Fries 3   2kcal	Chimmi Churri Kale 180kcal	Roast Potatoes 391kcal	Green Bean Almondine
Garlic Bread 350kcal	Zaatar Lyonnaise 234kcal	Green Beans 75kcal	Herb Roasted Beetroot 86kcal
Broccoli 62kcal	Roasted Cauliflower with Wholegrain Mustard 225kcal	Roasted Butternut Squash and Fennel 195kcal	Pepperanato 494kcal
DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY
American Pancakes with Maple Syrup 443kcal	Pecan Pie 593kcal	Cherry Pie with Chantilly Cream 599kcal	Chocolate Swiss Roll 367kcal
	Friday	Saturday	Sunday
Cui	Curried Vegetable Soup 206kcal		Honey Roasted Parsnip Soup 179kcal
Si Si	erved With Freshly Baked Bread		Served With Freshly Baked Bread
Freshly Battered Haddock 326kcal			Chicken Supreme 284kcal
	aded Chicken Burger, orean Style Sauce, imchi, Skinny Fries, Toasted Sesame eds(HALAL) 830kcal		Nut Roast 607kcal (Vegan)
resting He and I	ritage Tomato, Basil Mozzarella Bruschetta (egetarian) 581kcal		Carrots 82kcal
Chip Shop Style Minted Mushy Peas 173kcal			Broccoli 62kcal
Т	riple Cooked Chips 381 kcal		Roast Potatoes 391kcal
ade	Jonkean		
salads	emon and Tarragon Jarden Peas 91kcal		New Potatoes 129kcal
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