

# WEEKLY MENU

## Dinner

Monday	Tuesday	Wednesday	Thursday
Sweet Potato, Coconut and Lemongrass Soup 324kcal	Moroccan Tomato and Chickpea Soup 265kcal	Borlotti Bean and Pumpkin Soup 258kcal	Mushroom and Truffle Soup 153kcal
Served with freshly baked bread	Served with freshly baked bread	Served with freshly baked bread	Served with freshly baked bread
Pork Escalope with Coconut Sauce 397kcal	Lemongrass and Coconut Chicken Stir Fry 494kcal(Halal)	Beef Rogan Josh 414kcal (Halal)	Korean Chicken (Sesame and Honey) 664kcal(Halal)
Quinoa and Vegetable Stuffed Pepper 350kcal (Vegan)	Harissa Cauliflower Pilaf 687kcal (Vegetarian)	Tofu Tikka Masala 330kcal (Vegan)	Hoisin Tofu 308kcal (Vegetarian)
Ugandan Curried Potatoes 261kcal	Curried Roast Parsnips with Cashews 173kcal	Coconut Rice 313kcal	Egg Noodles 221kcal
Kale 47kcal	Honey and Soy Sprouts 145kcal	Handmade Naan Bread 224kcal	Wilted Pak Choi 39kcal
Vegetable Rice 166kcal	Aloo Chat 233kcal	Spiced Sweet Potato 85kcal	Soy Braised Potatoes 177kcal
Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day
Pecan Toffee Cake 692kcal	Peach Melba Pie 413kcal	Rhubarb and Blackberry Crumble 456kcal	Cornflake Tart 405kcal

Friday	Saturday	Sunday
Red Pepper, Squash and Harissa Soup 205kcal		
Served with freshly baked bread		
Slow Braised Beef Bourguignon 519kcal		
Chestnut Mushroom and Celeriac Bourguignon 458kcal (Vegetarian)	Closed	Closed
Parmesan Roasted Zucchini and Broccoli 187kcal		
Winter Vegetable Gratin 362kcal		
Wholegrain Mustard Mashed Potato 246kcal		
Dessert of the day		
Apple and Pecan Tarte Tatin 487kcal		

Enjoy  
our  
freshly  
prepared  
salads  
every  
day!