# WEEKLY MENU
## Lunch

| Monday | Tuesday | Wednesday | Thursday |
|---|---|---|---|
| Celeriac and Herb Soup 304kcal | Greek Lentil Soup 233kcal | Roasted Parsnip Soup 99kcal | Miso Cabbage Soup 189kcal |
| Served with freshly baked bread | Served with freshly baked bread | Served with freshly baked bread | Served with freshly baked bread |
| Steak and Wild Mushroom Stroganoff 471kcal | Beef Stifado (HALAL) 778kcal | Roast Turkey Breast 237kcal | Jerk Chicken 466kcal (Halal) |
| Indian Buffet Bowl, Yellow Rice, Onion Bhaji, Vegetable Samosa, Potato Pakora, Curry Sauce (Vegan) 837kcal | Toasted Greek Flatbread, Tzatziki, Feta Fries, Lamb Koftas, Greek Style Salad 842kcal | Wild Mushroom Wellington 382kcal | Loaded Vegan Hot Dog with Pickles, Onion, Smokey Slaw and Charred Corn (Vegan) 609kcal |
| Breaded Plaice 302kcal | Vegetable Moussaka (Vegetarian) 347kcal | Roast Potatoes 391kcal | Jamaican Jerk Tofu Skewers 674kcal (Vegetarian) |
| Steamed Rice129kcal | Greek Lemon Potatoes 328kcal | Carrot and Swede Mash 175kcal | Mustard Mash Potatoes 324kcal |
| Mustard Roasted New Potatoes 225kcal | Roasted Mixed Vegetables with Feta and Olives 190kcal | Braised Red Cabbage 135kcal | Carrot & Walnut Salad 307kcal |
| Dessert of the day | Dessert of the day | Dessert of the day | Dessert of the day |
| Banoffee Pie 518kcal | Crème Caramel 267kcal | Christmas Pudding with Brandy Sauce 454kcal | Lemon and Elderflower Drizzle Cake 715kcal |

| Friday | Saturday | |
|---|---|---|
| Honeyed Carrot Soup 115kcal | | Honey Roasted Parsnip Soup 179kcal |
| Served with freshly baked bread | | Served with freshly baked bread |
| Freshly Battered Haddock 326kcal | | Chicken Supreme 284kcal |
| Battered Sausage, Chunky Chips, Minted Mushy Peas, Pickled Onions, Curry Sauce 908kcal | Brunch | Nut Roast 607kcal (Vegan) |
| Vegetarian Sausage, Winter Herb and Butterbean Quiche 590kcal (Vegetarian) | | Carrots 82kcal |
| Triple Cooked Chips 381kcal | | Broccoli 62kcal |
| Chip Shop Style Minted Mushy Peas 173kcal | | Roast Potatoes 391kcal |
| Dessert of the day | Dessert of the day | Dessert of the day |
| Lemon and Basil Posset 443kcal | | Chocolate and Orange Bread and Butter Pudding 586kcal |

*Enjoy our freshly prepared salads every day !*