

WEEKLY MENU

Lunch

Easter Monday	Tuesday	Wednesday St Georges day	Thursday
	Soup of the day	Leek and potato	Thai tofu and shrimp soup
	Shepards pie 300kcal	Pork and leek sausages 242kcal	Cod box
	Pulled sesame boa buns (halal) 400kcal	Toad in the hole (Vegetarian) 500kcal	Thai larb, coriander rice, baby gem lettuce 409kcal
	Lentil cottage pie (Vegetarian) 400kcal	Vegetable stew with dumplings 300kcal (Vegan)	Rainbow vegetable pad thai with peanuts and basil 370kcal (Vegan)
	Savoy cabbage 100kcal	Mashed potato 391kcal	Coriander rice 324kcal
	Potato wedges 190kcal	Spring greens 135kcal	Stir fry vegetables 307kcal
	Lemon and poppy seed muffins 240kcal	Rhubarb and apple crumble 400kcal	Tropical pavlova 350kcal

Friday	Saturday	
Courgette and basil Soup 115kcal		Butternut squash Soup 179kcal
Freshly Battered Haddock 326kcal		Chicken Supreme 284kcal
Pickled onion bhaji burger, grilled pineapple, chips and slaw (Vegan) 800kcal	Brunch	Mushroom and chestnut bake 507kcal (Vegetarian)
Buffalo cauliflower 300kcal (Vegetarian)		Carrots 82kcal
Triple Cooked Chips 381kcal		Broccoli 62kcal
Chip Shop Style Minted Mushy Peas 173kcal		Roast Potatoes 391kcal
Mango yoghurt pannacotta 443kcal		Chocolate and Orange Bread and Butter Pudding 586kcal

Enjoy
our
freshly
prepared
salads
every
day!