

WEEKLY MENU

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Elote corn soup 110kcal	Broccoli and almond soup 150kcal	Soup of the day	Mushroom and tarragon	Peanut soup
Chicken tortilla 300kcal (Halal)	Pan fried seabass, Chimichurri 300kcal	Roast chicken	Lamb kofta (halal) 280kcal	Battered fish
Mexican bean and butternut squash tortilla	Vegan bean and rice bowl, guacamole, jalapeno, shredded lettuce 400kcal	Bean burger with loaded fries (vegan)	Falafel, beetroot hummus, flatbread and couscous 350kcal	Tandoori chicken leg, coconut rice with red bean and mango
Mexican rice 300kcal	Butternut squash, sage, feta and brown butter gnocchi (Vegetarian) 400kcal	Cherry tomato and red onion galette	Chickpea with spinach and honeyed sweet potato 509kcal (vegetarian)	Tomato keftedes
Pico de gallo 70kcal	Pea and mangetout with dill and lemon 100kcal	Garlic and rosemary roast potato	Olive and raisin giant couscous 270kcal	Peas/ mushy peas
Sweetcorn salsa 150kcal	Lemon and thyme new potato 190kcal	Cumin roast carrots	Corn and peach salsa 307kcal	Peanut slaw
Tres leches cake 400 kcal	Tiramisu 240kcal	Lychee and strawberry tarts	Eton mess 250kcal	Butterscotch pudding

Saturday	Sunday
	Butternut squash Soup 179kcal
	Roast pork belly 384kcal
Brunch	Spanakopita 307kcal (Vegetarian)
	Carrots 82kcal
	Broccoli 62kcal
	Roast Potatoes 391kcal
	Victoria sponge 586kcal

Enjoy
our
freshly
prepared
salads
every
day!