DINNER MENU



Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Curry parsnip Soup	Soup of the day	Doejang Jjigae	Sopa de ajo	Soup of the day
MAINS	Chicken Zafrani Saffron, Turmeric, Cumin and mild Chillis (Halal)	Beef Bourguinon Classic French casserole with carrots and onions	Korean chicken Gochujang, Soy, Sesame	Seafood Paella Classic Spanish dish with mixed seafood, Paprika and Saffron	Jacket potato Extravaganza Baked potatoes & baked sweet potatoes with variety of toppings and sides
MAINS (V)	Manchurian gobi Crispy Cauliflower in a hot, sweet and sour sauce (Vegan)	Veggie sausage and gravy 3 Veggie sausages, Onion Gravy (Veg)	Honey sesame tofu (Veg)	Pea risotto Fresh herbs, Lemon (Vegan)	Baked beans Cheddar cheese
CARB SIDES	Pilau Rice Honeyed Naan	Garlic mash Herb buttered New potatoes	Rice Noodles	Sweet potato wedges	Tuna chilli and lime
VEG SIDES	Mango chutney Raita Artichoke mattar	Steamed Carrots peas	Stir-fry veg Cucumber salad	Greek salad Roasted courgettes	Bean chilli (Vegan)
DESSERT	Cardamom and orange cake	Lemon posset	Mojito sponge	Tocino de cielo	Lemon syllabub