

# LUNCH MENU

*Cooked  
breakfast 08:00 -  
09:30*

WEEK 1



St Edmund's College  
University of Cambridge

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Roasted red pepper soup</b> 59Kcal <i>Served with freshly baked bread</i>	<b>Mushroom and tarragon soup</b> 53Kcal <i>Served with freshly baked bread</i>	<b>Soup of the day</b> <i>Served with freshly baked bread</i>	<b>Carrot, orange and thyme soup</b> 40Kcal <i>Served with freshly baked bread</i>	<b>Miso soup</b> 48Kcal <i>Served with freshly baked bread</i>	<p><b>Brunch</b> 11:00 – 12:30</p> <p>Sausage 81Kcal Bacon 10Kcal Vegan Sausage 45Kcal Hash Brown 138Kcal Grilled Tomatoes 69Kcal Mushroom 42Kcal Egg 68Kcal Beans 187Kcal Toast 212Kcal</p> <p>Waffles with Chocolate Sauce 330Kcal</p> <p>Fruit Salad 107Kcal</p>	<b>Celeriac and mustard soup</b> 55Kcal <i>Served with freshly baked bread</i>
<b>Street Food: Flatbread Pizza (V)</b> <i>10" sourdough flatbread, tomato, mozzarella</i> 288Kcal	<b>Street Food: Beef goulash, in a bread bowl</b> <i>Chive sour cream and sliced red onion (halal)</i> 252Kcal	<b>Street Food: Chicken pesto wrap</b> <i>with new potato spinach and capers (halal)</i> 258Kcal	<b>Street Food: Chicken skewers</b> <i>flatbread, corn salsa, side salad (halal)</i> 193Kcal	<b>Street Food: Gyoza with miso broth</b> <i>spring onion and Wasabi</i> 120Kcal		<b>Roast chicken</b> Gravy (halal) 138Kcal
<b>Lamb meatballs</b> <i>Cumin tomato sauce</i> 112Kcal	<b>Hot dogs</b> <i>American mustard, cheese sauce, jalapeno, crispy onion</i> 249Kcal	<b>Lemon and oregano Roast Chicken</b> <i>Caramelised honey and chilli lemons (halal)</i> 153Kcal	<b>Venison burger</b> <i>Smoky aioli, Garlic mushrooms</i> 270Kcal	<b>Battered fish</b> <i>tartare sauce, lemon</i> 232Kcal		<b>Vegan sausage plait</b> <i>Chilli jam</i> 286Kcal
<b>Vegetarian meatballs</b> <i>Cumin tomato sauce</i> 140Kcal	<b>Vegan hotdogs</b> <i>American mustard, cheese sauce, jalapeno, crispy onion</i> 260Kcal	<b>Butternut squash and feta wellington (V)</b> Gravy 236Kcal	<b>Vegan garden burger</b> <i>Smoky aioli, Garlic mushrooms</i> 224Kcal	<b>Cheese and onion pastry (V)</b> <i>Chip shop curry sauce</i> 286Kcal		<b>Roast potatoes</b> 162Kcal <b>New potatoes</b> 68Kcal
<b>Pasta</b> 140Kcal <b>Garlic flatbread</b> 311Kcal <b>Rocket, pinenut, parmesan and truffle</b> 143Kcal <b>Lemon orzo</b> 169Kcal <b>Green beans with sundried tomato</b> 46Kcal	<b>Fries</b> 295Kcal <b>Couscous</b> 149Kcal <b>Sprout slaw</b> 250Kcal <b>Corn on the cob</b> 67Kcal	<b>Roast potatoes</b> 162Kcal <b>Carrots with pesto</b> 53Kcal <b>New potato with spinach and capers</b> 72Kcal <b>Miso savoy cabbage</b> 74Kcal	<b>Sweet potato fries</b> 285Kcal <b>Corn salsa</b> 45Kcal <b>Onion rings</b> 246Kcal <b>Giant couscous with mint, olive and peaches</b> 169Kcal	<b>Chips</b> 214Kcal <b>Peas</b> 80Kcal <b>Mushy peas</b> 81Kcal		<b>Broccoli</b> 33Kcal <b>Carrots</b> 30Kcal <b>Apricot Stuffing</b> 150Kcal
<b>Biscoff banoffee waffle</b> 308Kcal	<b>Peanut butter mousse</b> 154Kcal	<b>Bread and butter pudding</b> <i>Custard</i> 257Kcal	<b>Coffee and hazelnut Paris Brest</b> 305Kcal	<b>Blueberry and lavender pannacotta</b> 213Kcal		<b>Sticky toffee pudding</b> <i>Toffee Sauce</i> 307Kcal

FOR ALLERGEN INFORMATION PLEASE SPEAK TO A MEMBER OF THE TEAM.

Kcal per 100g serving