

DINNER MENU



St Edmund's College
University of Cambridge

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Dahl makhani 135Kcal <i>Served with freshly baked bread</i>	Soup of the day <i>Served with freshly baked bread</i>	Celeriac and hazelnut 105Kcal <i>Served with freshly baked bread</i>	Pea garlic and chive 70Kcal <i>Served with freshly baked bread</i>	Soup of the day <i>Served with freshly baked bread</i>
MAINS	Beef Rendang <i>slow-cooked Indonesian dry curry caramelized in a concentrated mixture of coconut milk and aromatic spices</i> 235Kcal	Cottage Pie <i>Slow cooked beef casserole topped with golden creamy mashed potato</i> 155Kcal	Fish, Mussel & Leeks in Cider Sauce 125Kcal	Pork & Chorizo burger <i>Lettuce, tomato, Gherkins, ranch mayo, onion rings, sesame bun</i> 285Kcal	Bacon Macaroni Cheese 205Kcal
MAINS (V)	Chickpea & Coconut Sambal <i>Cooked in a hot chilli based paste</i> 165Kcal Thai green tofu curry <i>With broccoli and peanuts</i> 135Kcal	Crushed baby potato Lentil Hotpot 125Kcal	Artichoke & Celeriac gratin Parmesan crumb 145Kcal	Homemade veggie burger <i>Lettuce, tomato, Gherkins, ranch mayo, onion rings, sesame bun</i> 205Kcal	Cauliflower Mac 'n' Cheese 150Kcal
CARB SIDES	Rice 130Kcal Samosas 270Kcal Bhaji 220Kcal Naan 290Kcal Poppadom 390Kcal	Roast Root Veg 105Kcal Pesto Garlic Bread 300Kcal	Parsley brown butter mashed potato 155Kcal Gnocchi 165Kcal	Shoestring Fries 300Kcal Beef tomato, iceberg lettuce, sliced onions, gherkins crispy onions 75Kcal	Butternut, orange and cashew salad 125Kcal
VEG SIDES	Chutneys Coconut & Avocado Raita 145Kcal	Green Beans 35Kcal Peas 75Kcal	Caraway Kohlrabi 45Kcal Samphire with Cherry Tomatoes 35Kcal	Seeded Slaw 165Kcal Corn Cob 95Kcal	Med Veg 75Kcal Creamed spinach 105Kcal
DESSERT	Cardamom chocolate pistachio mousse 300Kcal	Apple Crumble <i>Custard</i> 210Kcal	Walnut Baklava 390Kcal	Brownie Mess Sundae 280Kcal	Cinnamon Butter Gnocchi 240Kcal

FOR ALLERGEN INFORMATION PLEASE SPEAK TO A MEMBER OF THE TEAM. Kcal per 100g, Adults need around 2000 kcal a day