

DINNER MENU



St Edmund's College
University of Cambridge

Week 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SOUP

Courgette soup 55Kcal
Served with freshly baked bread

Soup of the day Served with
freshly baked bread

Caldo Gallego 115Kcal
Served with freshly baked bread

Spicy red pepper soup 60Kcal
Served with freshly baked bread

Soup of the day
Served with freshly baked bread

MAINS

Chicken Methi
Mild flavoured chicken dish cooked
with onions, spices, herbs, tomatoes
and Yoghurt
145Kcal

Steak and kidney pie
260Kcal

Seafood paella
Rice dish cooked with saffron
and fresh seafood
145Kcal

**Southern fried chicken
burger**
Crispy fried chicken in our own
blend of herbs and spices
265Kcal

Beef chilli
Slow cooked beef with cumin,
paprika and chilli
150Kcal

MAINS (V)

Paneer tikka masala
North Indian inspired dish made
with grilled paneer in a spiced
tomato and onion gravy
190Kcal

**Vegetarian haggis
shepherds pie**
155Kcal

**Aubergine, freekeh and
cashew tagine**
Aubergine, earthy grains and
cashews combined with
Moroccan spices
145Kcal

**Beetroot burger, smashed
avocado**
Fried beetroot Rösti, smashed
avocado served in a bun
210Kcal

Bean chilli
Spiced mixed beans in a rich
tomato sauce
115Kcal

**Chickpea and cauliflower
curry** 125Kcal

CARB SIDES

Rice 130Kcal

Sweet potato fries 250Kcal

Patatas bravas
180Kcal

Paprika Fries
295Kcal

Tacos
220Kcal

Naan 290Kcal

Colcannon mash 135Kcal

Tomato and butterbean dip
120Kcal

Mac and cheese
200Kcal

Nachos
300Kcal

Bombay Potatoes 145Kcal

Garlic bread 300Kcal

VEG SIDES

Pickles

Guacamole 165Kcal

Bhaji 220Kcal

Green beans, rosemary salt
35Kcal

**Lemon and parsley
mushrooms**
55Kcal

Corn on cob
95Kcal

Sour cream 200Kcal

Pakora 230Kcal

Cabbage, chive and onion
45Kcal

Peperonata
70Kcal

Fennel cabbage slaw
95Kcal

Salsa 30Kcal

Jalapeno 30Kcal

Samosa 270Kcal

Sweetcorn 95Kcal

DESSERT

Mango pannacotta
215Kcal

**Orange and chocolate pot
de crème** 240Kcal

Baked Basque cheesecake
350Kcal

Biscoff waffles
300Kcal

Cinnamon churros
350Kcal

FOR ALLERGEN INFORMATION PLEASE SPEAK TO A MEMBER OF THE TEAM. Kcal per100g, Adults need around 2000 kcal a day