

DINNER MENU



St Edmund's College
University of Cambridge

Week 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SOUP

Curried Celeriac 75Kcal
Served with freshly baked bread

Soup of the day
Served with freshly baked bread

Spicy Bean 95Kcal
Served with freshly baked bread

Beetroot & Caraway 55Kcal
Served with freshly baked bread

Soup of the day
Served with freshly baked bread

MAINS

Pork Vindaloo
Tender pork slow-cooked in a rich paste of red chillies, garlic, ginger, and vinegar
175Kcal

Breaded Plaice
Green Peppercorn Tartare sauce
215Kcal

Venison Meatball Tagine
spiced meatballs simmered in a rich, savoury tomato sauce
155Kcal

Korean Fried Chicken Burger
crispy fried chicken coated in a sweet-and-spicy gochujang glaze
265Kcal

Beef & Red Wine Bolognese
165Kcal

MAINS (V)

Sweet potato Laksa Curry
Southeast Asian inspired curry with a rich, spicy, and creamy coconut-milk-based broth
125Kcal
Tofu massaman curry
155Kcal

Beetroot & Apple Latke
Crispy shallow fried fritter, Rhubarb & Fennel pico de gallo
165Kcal

Winter Veg Tagine
Winter vegetables cooked in a rich tomato sauce spiced with ras el hanout
100Kcal

Loaded Cauliflower burger
Cauliflower fritter, vegan cheese sauce, spring onions
190Kcal

Vegan Sausage Ragù
135Kcal

CARB SIDES

Pilau Rice with Cashews and Lemon 175Kcal
Poppadums 390Kcal
Naan 290Kcal

Smashed Potatoes
145Kcal

Harissa Couscous
135Kcal

Cumin Seed Khobz
270Kcal

Fries 295Kcal
Parsley Butter New Potatoes
105Kcal

Spaghetti 155Kcal

Garlic Bread 300Kcal

VEG SIDES

Tomato & Red onion Salad
53Kcal
Aubergine Pickle
100Kcal
Raita 80Kcal

Cucumber Salad
35Kcal
Slaw 95Kcal
Garden Peas 75Kcal

Mutabal 165Kcal
Burnt Aubergine salad, Pomegranate, Garlic, Tahini
Winter Vegetables with Mint
55Kcal

Cauliflower, apple & radicchio salad
65Kcal
Corn on the cob
95Kcal

Cavolo Nero
45Kcal
Tomato salad
25Kcal

DESSERT

Lime & Coriander Drizzle cake
330Kcal

Lavender Lemon Posset, Rosemary Poached Peach
240Kcal

Turon 250Kcal
Banana, Spring roll pastry, Caramel

Raspberry Crème Caramel
155Kcal

Berry Fool
175Kcal

FOR ALLERGEN INFORMATION PLEASE SPEAK TO A MEMBER OF THE TEAM. Kcal per 100g, Adults need around 2000 kcal a day